

MULTIPLE SCLEROSIS noun

Muhl · tuh · puhl skl · ow · suns

Definition of Multiple Sclerosis:

- 1: M.S is a disease that affects the brain, spinal cord and optic nerves.
- 2: Messages from the brain cannot get to where they need to be.
- 3: When this happens, parts of the body can't do what they are told.
- 4: Eye problems, leg weakness, skin tingling, balance issues are common.



My Family Member Might:

- Need a cane or a walker or a wheelchair to move around.
- Have trouble holding a fork or knife or writing.
- Have trouble paying attention or getting organized.

How Does M.S Affect My Family Member?

1. They may have trouble doing everyday things.
 - a. Putting on clothes, making food or walking around the house.
2. The affects can come and go throughout the day, week or month.
3. Your family member may become very tired, have trouble seeing and trouble remembering things.

Resources for M.S Families

- National Multiple Sclerosis Society
– Keep S'Myelin
- MS Socity of Canada

There is support for everyone!



Every Person With M.S Is Different!

